

Chapter 221

NASA was established in 1996 the Northeastern Air Sports Association is a hang gliding club set up to provide its members with access to regional flying sites insured by USHPA and to serve educational and social purposes.

CLUB BUSINESS

The following officers were elected at a meeting of the club held on May 30. Minutes of the meeting are attached separately.



PRESIDENT: Candidates sought for special election. Contact Tom if you are interested.

VICE PRESIDENT: Tom Galvin – International Man of Mystery. No bio details available due to his secret agent status. (But we all know he's a great guy!)

TREASURER: Jonathan Clark – started flying 2008. H3 rating. Member of NASA, SNYHGPA, and soon to be a full member of Brace Mountain Club. Always looking to expand his flying site resume, he has flown in Ellenville, Brace Mountain, Morningside, Wallaby Ranch, and Lookout Mountain. Other interests include Road/Mountain biking, Sea Kayak Racing, and hanging out on the family boat on the Hudson River. Jonathan has been living in Beacon, New York for the past 7 years with wife Kundi. Quote," I have a lot of experience that makes me uniquely qualified to serve as NASA Treasurer. I have a Masters of Science Degree in Finance, an Accounting Certificate, and 15 years of Wall Street work experience. Plus, I was a good friend of Bernie Madoff, who has helped me refine my money management skills"

August 2009

SECRETARY/Newsletter: Cathleen O'Connell -

started flying 2008. H2 rating. Member of NASA flying club. Resident of Princeton, NJ My credentials for being secretary are that I agreed to do it!

Stay tuned for information about an upcoming club meeting, which will be the subject of a separate communication.

MEMBER HIGHLIGHTS

Welcome Back:

Megan Kymer, Tom Lutz, Enrique Sallent, Elan Schultz – It's nice to see you in Ellenville again after a long absence. We missed you!

Milestones:

Carl DiPiero made his first mountain launch on August 1st at Brace Mountain. Congratulations Carl!

Richard Behrends earned his H3 rating in June. Congratulations Richard!

Richard playing a happy tune





MEMBER HIGHLIGHTS, continued

2nd Flight Phenoms:

Tom Lutz spent <u>2 hours</u> in a soaring flight on his second mountain launch in early August – Awesome!

Carl DiPiero made 2 successful landings at the Mountain Wings training hill after his 2nd and 3rd flights in early August – Unbelievable!

Rest Assured:

Good news: there is no longer any reason to be concerned if you need Cathleen to convey your manual shift vehicle from / to launch. She has been diligently working on her technique and receiving some welcome coaching so the good news is – She NO LONGER RIDES THE CLUTCH! She is the first to admit, "You're never too old to learn what you should have known all along." (Of course, this doesn't mean she won't drive away with the emergency brake still engaged.)

NOTES ON FLYING SITES

<u>Brace - Middleton, NY</u> – Brace is an H2-friendly option. Refer to the club website for directions and fees. It is important to strictly abide by the rules, also found on the website, to avoid losing flying privileges – as has happened in the past. Note, there is glider storage, a hot tub, vending machines, campsites, and other amenities.

<u>Ellenville, NY</u> – Greg's launch is owned by Greg and Charlie Black and is leased, operated, insured, and run by NASA. Access to this site is reviewed on a yearly basis. A work party is needed to repair/maintain the launch. Also, those with basic carpentry skills are needed to repair damage caused by vandals and to build the deck for hang checks. To be discussed at August club meeting.

<u>Little Mountain</u> – West Shokan, NY – There is no update on the trust situation. Anyone with the time and expertise to lend a hand on reviewing the legal/real estate situation please identify yourselves. We need help determining a plan of action.

SAFE FLYING: PREPARING FOR FLIGHT

DOING A GOOD PRE-FLIGHT

No matter what your skill or experience level, doing a good pre-flight is a critical step in ensuring a safe flight. You should review the elements of a good pre-flight described in Hang Gliding Training Manual by Dennis Pagen, extracted here:

The 4 key elements to a proper pre-flight are:

- **Thoroughness** look at EVERY part in detail
- An Organized System Start at one point and go around the glider in a systematic manner. Don't jump from point to point or you may miss something.
- Uninterrupted Process Avoid distractions during your pre-flight
- **Correct Deficiencies** Correct anything that is wrong; if it can't be corrected DON'T FLY

Review pp. 21-23 in the manual for a good pre-flight system

FLYING FITNESS

Victor Alvarez, owner of several fitness clubs and longtime exercise consultant, recommends a regimen of fitness training to endure the physical rigors of flying (and carrying equipment!). Daily stretches and strength building exercises should be part of a pilot's year long preparation for flying.





The NASA Flyer Newsletter of the Northeastern Air Sports Association

Members are requested to send in ideas, articles, photos, web links, notices, and other content that would be of interest to fellow NASA club members. Contact Cathleen with your suggestions.

DOGS OF THE FLIGHT PARK

This month's issue features ZEUS, Kenny Foldvary's constant companion. This patient and charming Boston Terrier strikes a dignified pose as unofficial guardian of the flight park.



Local deity ZEUS and friend



Lots of wings at Mountain Wings



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